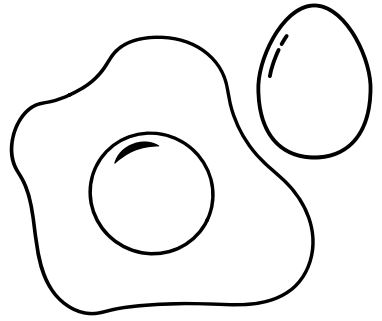
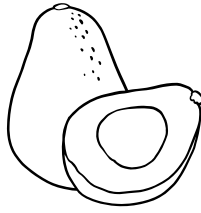
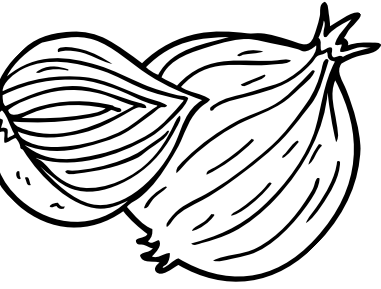




NEEZA
TURI IBYO TURVA

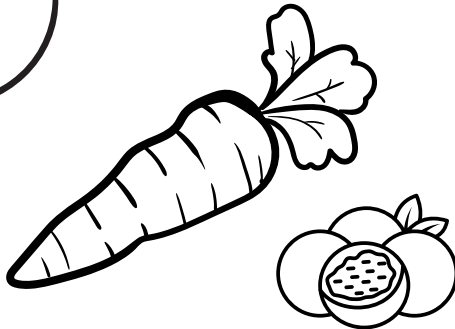
Color
my food

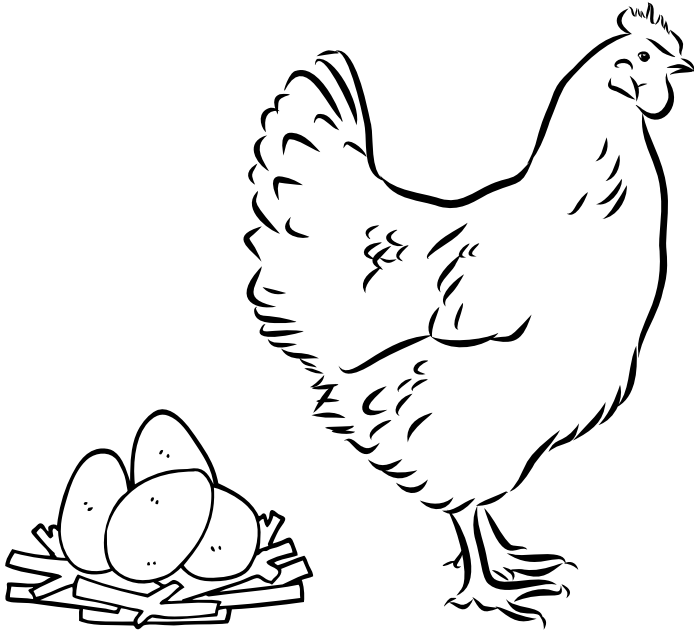


Vegetables and Fruit help us
stay healthy and grow strong
and clever.



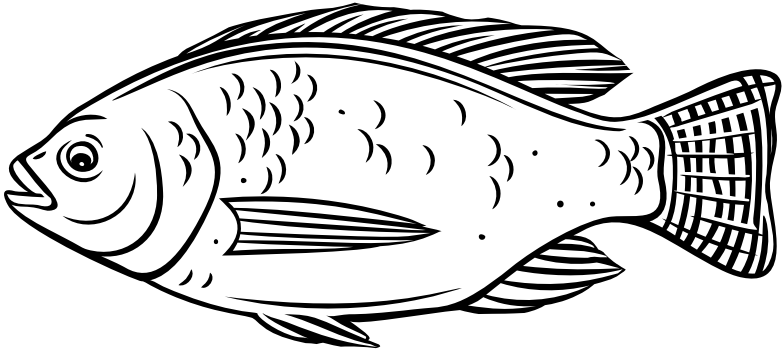
Our local vegetables and
fruit come in different fun
shapes and colors and they
taste good too!



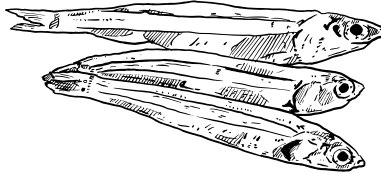


Eggs come from chickens and they give our bodies energy, protect us from diseases and help us grow clever.

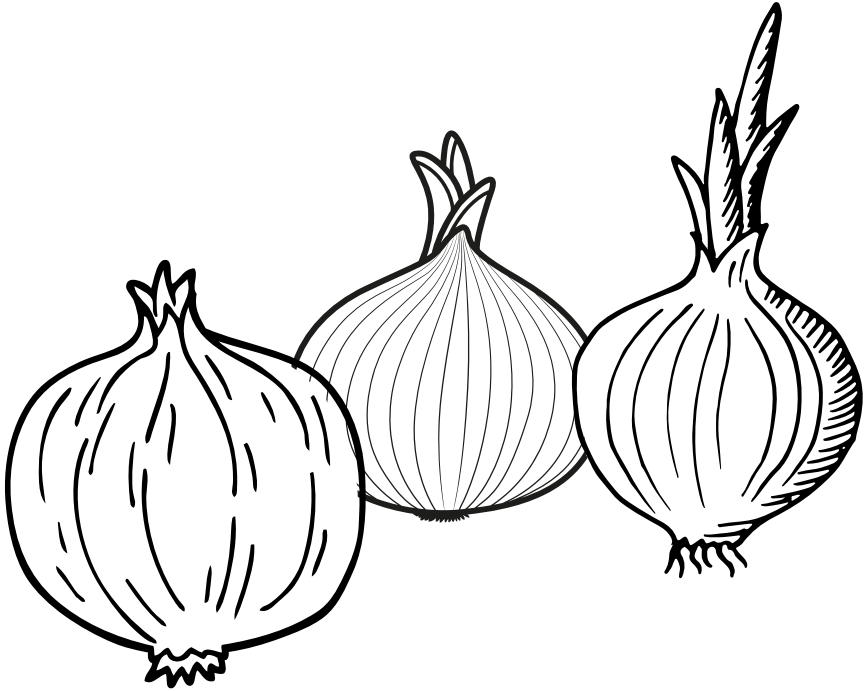




Fish helps our brains grow
clever and our bodies strong.



I see...



How many?

1, 2, 3

what is it?



NEEZA
TURI IYU TURVA

I see...



How many?

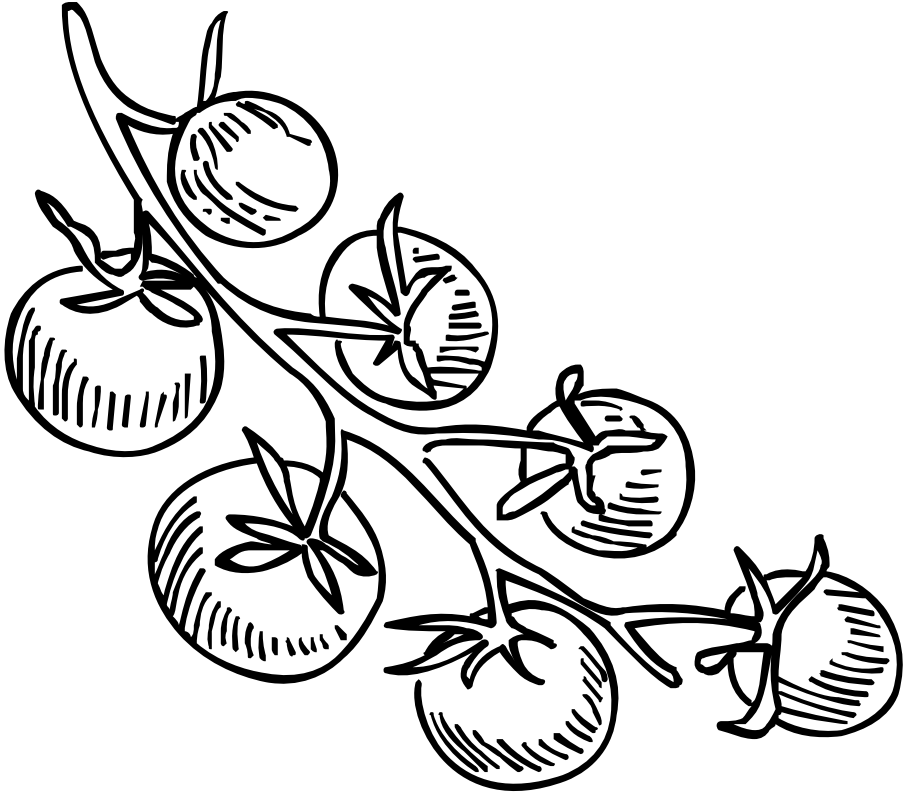
1, 2, 3

what is it?



NEEZA
TUMI IKTU TUMBA

I see...



How many?

3, 7, 5

what is it?



NEEZA
TUMI IYU TURVA

I see...



How many?

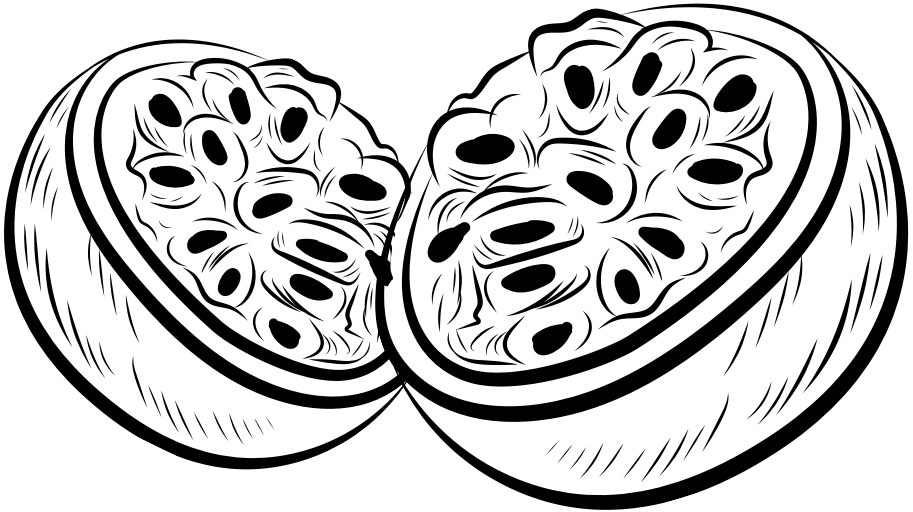
1, 2, 3

what is it?



NEEZA
TURI IRYO TURYA

I see...



How many?

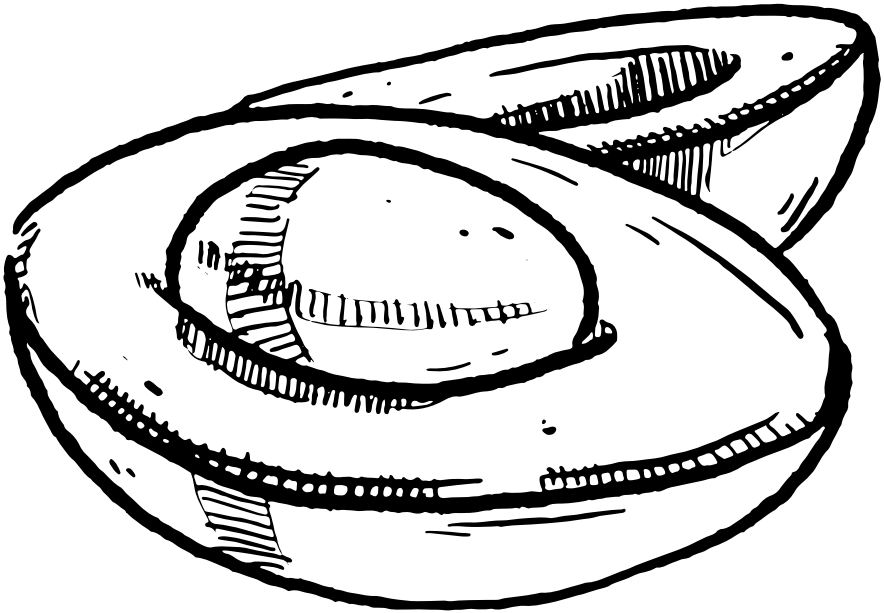
1, 2, 3

what is it?



NEEZA
TURI IYU TURVA

I see...



How many?

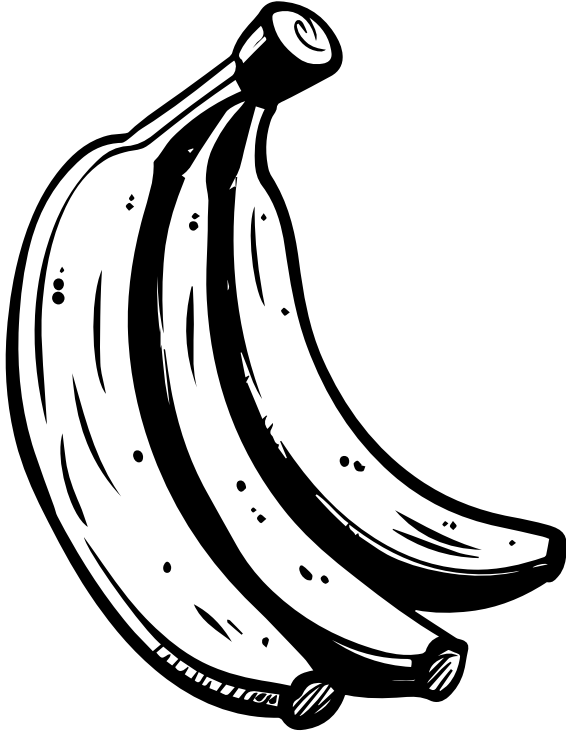
1, 2, 3

what is it?



NEEZA
TUALI IYAO TUALI

I see...



How many?

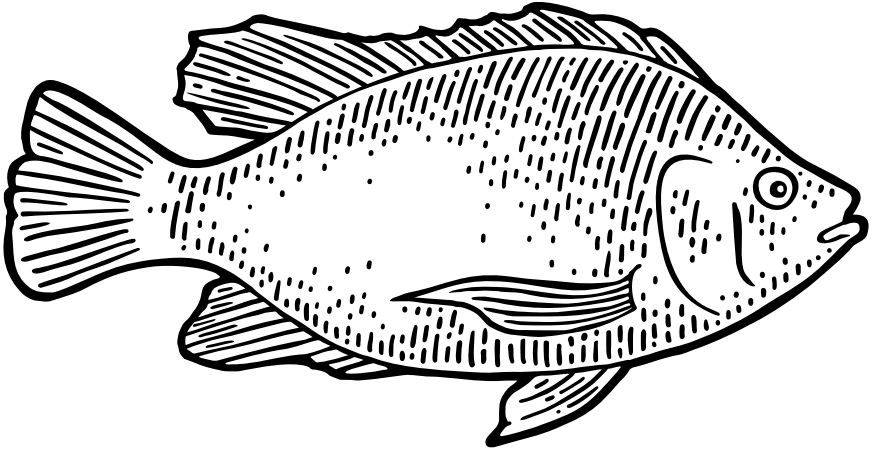
1, 2, 3

what is it?



NEEZA
TURI IYU TURVA

I see...



How many?

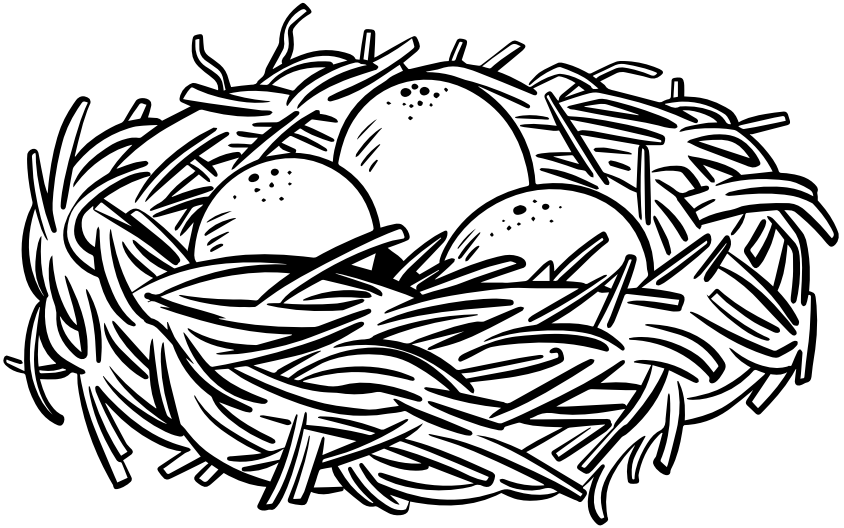
1, 2, 3

what is it?



NEEZA
TURI IYU THAYA

I see...



How many?

1, 2, 3

what is it?



NEEZA
TURI IYU TURYA



Well done!
Now your food has color!



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